



What do I
need to
have ready
for my
Creative
Journey?

MY ATTITUDE

Towards myself, my art, and the process...

- Anticipation vs. Anxiety...
- Compassion vs. Condemnation...
- Enthusiasm vs. a Critical Spirit...
- Expectancy vs. Doubt...
- Seeking the Best vs. the Worst...
- Open to See & Grow vs. Staying Stuck...